



## Expression of Interest

At Trojan's Trek, we work towards supporting a profound transformation in the lives of serving and ex-servicing personnel, police, first responders, and Correction. We push boundaries through our vehicle-led national wilderness-based peer support program, offering a unique and life-altering experience. Rooted in peer-reviewed programs, our mission is to guide participants on a journey of rediscovery, empowering them to reconnect with core values, purpose, and identity during the migration from service to civilian life or returning to work. We are committed to a powerful transformation that resonates long after the trek ends.

Before completing this form, please visit the Trojans Trek website at [www.trojanstrek.com](http://www.trojanstrek.com). You will see media reports, photo galleries, and videos to help you better understand the program.

Submitting this Expression of Interest (EOI) marks the initial phase of the participant selection process. It also signifies a dedication to actively participate in the program, prioritising safety and respect. Each program encompasses various challenging topics and activities for individuals committed to enhancing their health and well-being. **Please note submitting this EOI does not guarantee you a place on a Trek.**

Your comprehensive details on this form are crucial for the selection process. Please take the time to fill in all fields with as much detail as possible. If you're working with an outdated EOI, perhaps received from a prior participant, kindly access the most recent version on our website at [www.trojanstrek.com](http://www.trojanstrek.com) for accurate and up-to-date information.

Key considerations to keep in mind before submitting your Expression of Interest (EOI):

- o Trojan's Trek participants must have served or are currently serving full-time, part-time, or voluntarily in the Australian Defence Force (ADF), Police Force, First Responders, and Corrections.
- o Our programs are open to individuals from any state within the ADF, Police Force, First Responders, and, Corrections, regardless of operational service.
- o All activities are voluntary, with some intentionally designed to be new and challenging to promote the experience of life's joys and learning.
- o Individuals from the ADF, Police Force, First Responders, and, Corrections are all encouraged to submit an EOI with comprehensive information.
- o Participants who have completed previous Treks may be considered reserves and are encouraged to apply for roles such as facilitator, POC, or admin support if interested.
- o Trojan's Trek programs are planned, organised, and conducted by individuals who have served in the ADF, Police Force, First Responders, and, Corrections.



## Personal Details

First name:

Surname:

DOB:

Gender:

Email:

Mobile:

Home address:

Employment Status:

Relationship Status:

Emergency Contact First Name:

Surname:

Email:

Mobile:

## Service

Year of Enlistment:

Year of Discharge (if applicable):

Service:

If you have multiple, add details here:

Units:

Overseas Service:

Any other service information:



## Treks and Additional Information

I wish to be considered for the following Treks. (e.g.. Darwin 8 – 14 Jul 2024)

Preference One

**Add PDF fields**

Preference Two

**Add PDF fields**

Are you on a DVA rehabilitation plan or under Workcover? (if applicable):

How did you hear about Trojans Trek?

How do you feel you will benefit from the Program?

Have you participated in any form of rehabilitation or similar program previously?

If yes, please describe the program, who it was run by and when you attended.



Trojans Trek consists of group activities. Will anything prevent your full engagement in group activities and sessions?

### **Media**

To create awareness and promote health in our serving and ex-servicing personnel, police, and first responders communities, we look for media opportunities to highlight Trojans Trek's programs and the benefits provided. Do you approve of photos and footage taken from the program to be used for education and outreach? Privacy will be strictly protected if requested.

### **Privacy**

Your privacy means the world to us. Please head to a privacy policy where we explain this further.

### **Program Evaluation**

Trojans Trek works with [Open Door Research](#), a veteran, police and first responder-centric organisation. We have developed this partnership to evaluate our programs, improve our services and continually stay updated with the community's needs. This involves Pre-Trek, Post-Trek and follow-up Questionnaires and Interviews. All personal information will be de-identified. Do you agree to be part of this research?

## **What happens next?**

EOIs will be held until closing dates. One of the Points of Contact within Trojans Trek will contact you ASAP by email and phone to let you know your EOI has been received.

Once the Trek panel has met and made the Trek selections, you will be notified if you have been accepted for this program, put on a reserve list, or recommended to apply for future programs.

We invite past participants to apply as volunteers for the program or future programs.

Please submit your EOI before the closing date via email to [poc@trojanstrek.com](mailto:poc@trojanstrek.com)

Please ask any questions to our points of contact at [poc@trojanstrek.com](mailto:poc@trojanstrek.com)



**Acknowledgment:**

I have read and understand the information in this EOI.

The information I provide in this EOI is the truth.

I understand that submitting an EOI does not guarantee a position in the program.

*A digital signature is acceptable.*

Signature:

Date:

Trojans Trek is a peer-to-peer health and wellness program that has provided a life-changing experience for hundreds of veterans, police, and first responders. For further information on Trojans Trek, visit [www.trojanstrek.com](http://www.trojanstrek.com)

We extend our respect to the traditional owners of the lands and waters with whom we work in the areas where the Treks are held. Their rich stories and understanding of the land enrich the experiences and programs for everyone who attends.

We acknowledge all our sponsors and volunteer staff at Trojans Trek who make this program possible.

We invite everyone to follow Trojans Trek's Facebook and LinkedIn pages.

The team at Trojans Trek look forward to receiving your EOI and meeting with you.